Generic Name

Kushta Sadaf

**Brand Slogan** 

For Strong Bone

Composition

Each Tablet Contains-

Calcined of *Pinctada margaritifera* 250 mg *Calotropis gigantea* QS

Other Ingredients QS

Ref: BNUF

Description

Calcium is very important mineral for body building. Calcium is important to strengthen the bones of the body. When cut, it helps to clot the blood. It is necessary for the development of the body and the formation of muscles. Hypocalcemia develops due to lack of calcium in the body. This is happened when the level of calcium in our body is not sufficient. Calcium deficiency usually occurs with age. As we are getting older, the bones become thinner and the bone density decreases. If the body's hemoglobin level is in normal value and even after drinking enough water, the muscles contract regularly; therefore, muscles get cramps, then it should be understood that there is a deficiency of calcium. Calcium deficiency causes severe pain in women during menstruation. Calcium plays a vital role in in the body for proper functioning of muscles. Calcium deficiency can lead to various neurological problems and headache. About 90% of our body calcium is stored in teeth and bones. If calcium is low, it can cause toothache and bone pain. Depression, insomnia and dementia can also occur. Calcium is essential for the proper functioning of the heart. If it is getting low, the heart rate will increase. Calcium helps the heart to pump blood.

Indication

Calcium deficiency, Bleeding, Weakness of Heart. Cally is also given during the rapid growth of infants and adolescents to compensate for calcium deficiency in the diet, during pregnancy and lactation.

Dosage & Administration

Adult: 1-2 tablet 1-2 times daily.

Children: 1/2-1 tablet 1-2 times daily or as directed by physician.

Side Effects

There is no significant side effect has been observed according to the dosage guideline.

Contraindication

Cally is contraindicated in case of hypersensitive patient to any of it's ingredient.

Use in during pregnancy and lactation

Cally can be given to pregnant and lactating mothers as per recommendation of physician.

Storage

Store in cool & dry place, protect from light.

Presentation

Each HDPE container contain 30's film coated tablets.