

Cuprum Met 3X (Cuprum Metallicum)

Introduction: This is a special irritant to the cerebro-spinal nervous system affecting especially the pneumo-gastric nerves, and anterior portion of the spinal cord. The vagi are affected in a special manner as shown by the nausea and vomiting, in every case of poisoning. Through the spinal nerves it produces gastric irritation and inflammation of almost every part of the abdominal viscera : the stools are more like dysentery than like those of cholera; but in cholera, accompanied with cramps in the extremities, it is one of the most reliable remedies we have.

- Dr. Clapton says : "Copper produces distinctly marked green stains in the gums, bluish green perspiration, hair of a greenish hue in old workmen, and green discharges from old ulcers."

- "Workmen in copper factories have always escaped cholera, and even choleraic diarrhoea, while the neighbourhood suffered severely."--Dr. Clapton.

- This is a practical hint well worth remembering in times of cholera.

Synonyms: Copper, Cu.

Source: It is a metal which is easily available.

Preparation: Triturations of copper filings are prepared with sugar of milk. Higher potencies are prepared from 3c in alcohol.

Proved by: Hahnemann.

Guiding symptoms/Indications:

1. Meningitis from suppressed eruptions, with convulsions, loud screams, etc.
2. Violent continued headache, with sensation as if water were poured over the head; vomiting of everything taken.
3. The spasmodic cough, with purple face and vomiting; sometimes temporarily ameliorated by drinking cold water.
4. Convulsions, epileptiform. Clonic contractions of muscles, stiffness and rigidity of limbs and body, clenched jaws, etc.
5. Generally characterized by cramps of muscles; a collapsed stage, with violent cramps, colic and vomiting.
6. Epilepsy, characterized by most violent spasms, cold sweat.

7. Chorea violent, spasmodic, vomiting, cold sweat, etc., caused by fright.
Uraemic convulsions.
8. General neuritis, with lightning-like pains, aggravated by touch.

Particulars:**Mind**

Delirium, with disconnected talk. Anxiety, with tossing about.

Head

Bruised pain in the brain and eyes on turning them.
Intermitting lancinating pains in various parts of the head.

Eyes

Eyes crossed on account of contraction of muscles.

Face

Pale, bluish, with blue lips. Pains, burning and stinging, agg. touch.

Throat

Constriction and spasm on attempting to swallow, with intense pain behind the sternum. Audible gurgling of drink on swallowing.

Stomach

Most violent ineffectual efforts to vomit, with constriction of the oesophagus and spasms in stomach. Vomiting; amel. temporarily by cold water. Violent cramps and pains in the stomach and bowels. Terrible intermittent, contractive pains or cutting, extending to the back, agg. touch and motion.

Abdomen

Distention; tender; very tense. Terrible cramps in the abdominal muscles and intestines, agg. touch.

Stool

Violent diarrhoea; liquid, involuntary; like cholera, with coldness and cramps.

Urinary organs

Urine suppressed.

Painful efforts to evacuate the urine.

Respiratory organs

Hoarseness.

Cough, with interrupted, almost suppressed respiration.

Violent, spasmodic cough, like whooping cough.

Respiration difficult and suffocative; spasmodic dyspnoea, with constriction, blue face, retching and vomiting.

Heart and pulse

Distress in the region of the heart and behind the sternum (chronic aortitis).

Back

Violent paroxysmal sticking, cutting pains, with sensitiveness of the whole length of the spine.

Extremities

General cramps and convulsive movements.

Painful contractions of the fingers and toes.

Cramps, especially in the calves.

Fever

Generally characterized by coldness, with cramps in the limbs.

Neither fever nor sweat usual, though numerous attacks end in sweat.

Dose and administration: 1 tab 3 to 4 times daily for adult. ½ tab for 3 to 4 times daily children.

Side effects: No significant side effect has been observed in proper dosage

Contraindication: There is no known contraindication.

Relationship:

- Complementary remedy: Calc.

- Remedies that follows well : Apis, Ars a, bell, Caust, Hyos, Puls, Stram, Verat a, Zinc.

- Antidotes: Aur, bell, Cham, Cic, Nux v, Ver a.

- REMEDY ANTIDOTES: Aur, Op.

Presentations: 50 tabs (20 gm in PET bottle), 450gm powder in container.